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Uncovering Emerging Health Awareness Trends in Education: A Bibliometric Study

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ABSTRACT Objective: The study aims to examine the development of research trends related to health awareness in schools or education. Method: Data were obtained from the Scopus database and analyzed using PRISMA analysis, VOSviewer assistance, and bibliometric analysis. **Results:** A total of 182 relevant articles with the keywords "health awareness" and "school" or "school environment" in the category of English articles in 2020-2024 were collected. The database was analyzed and visualized using the VOSviewer application. The results of this study provide insight into the development of health awareness as a trend in education. Data was obtained in the form of 1)trends in health awareness in schools or education, 2)countries that influence health awareness in schools or education, and 3) keywords that often appear. The results of this study can be used as a foundation for future research to better understand health awareness as a trend in school or education. Novelty: The novelty of this study lies in integrating health awareness in education, giving rise to a new trend regarding health awareness in schools or education, and providing researchers with an overview of future research opportunities related to health awareness and education through bibliometric analysis

INTRODUCTION

Education is one of the important things needed to face world civilization. It can form a good mindset. Education aims to increase a person's intellectual, emotional, social, and moral capacities (Mulyono et al., 2024). Education is very important for a country's progress (Tarigan et al., 2023). Based on this, education is a priority that must always be considered (Putrantasa et al., 2024). Health is the supporter of a smooth education process. Health is a state of complete physical, mental, and social well-being. Based on this, the measurement of good health indicators includes three areas: physical health, psychological health (cognitive and emotional), and social health (Munir et al., 2021; Sokoya et al., 2022; Rautiainen et al., 2023). Good health will be achieved by having a high sense of health concern, especially one's health. According to the Ministry of Health (2019), a person's health status is determined by 40.00% environmental, 30.00% behavioral, 20.00% health service, and 10.00% genetic factors (heredity). Therefore, a caring attitude or behavior is important in maintaining health status. One type of selfawareness known is the self-care attitude. It is when a person is aware of their behavior or personality. Health awareness means the extent to which a person cares or is concerned about their health. A person aware and concerned about their health will be motivated to improve or maintain their quality of life and prevent ill health by behaving in a healthy and self-aware manner.

The theory of well-being states that a person will achieve happiness when their goals and needs are achieved. It is characterized by interconnected physical, mental, and

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